



1. Celery	2. Cereals containing gluten (wheat)	2. Cereals containing gluten (rye)	2. Cereals containing gluten (barley)	2. Cereals containing gluten (oats)	2. Cereals containing gluten (spelt)	2. Cereals containing gluten (khorasan wheat)	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
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## BREAD and APPETISERS

Basket of continental breads	✓							☐						☐	✓	✓			
Gluten-free bread alternative								✓		✓									✓
Gordal olives																			✓
Summer squash crisps																			

## JERSEY ROCK OYSTERS

Jersey rock oysters with shallot vinegar												✓							✓
Jersey rock oysters with champagne butter												✓	✓						✓
Jersey rock oysters with hot house sauce	☐								✓			✓							
Jersey rock oysters with chilli and ginger												✓				✓	✓		

## FIRST COURSES

Grilled scallops								☐ <sup>2</sup>	☐ <sup>2</sup>	✓	✓								✓
Beef carpaccio	☐								✓		✓		☐						✓
Grilled king oyster mushroom	☐												☐						✓
Pulled rabbit taglierini	✓	✓						☐	✓	☐	✓	✓	✓	☐			☐		✓
Squid, king prawn and courgette tempura								✓	✓		✓	✓							
Beauvale blue cheese fritters	✓	✓							✓		✓	✓ <sup>1</sup>							✓ <sup>1</sup>
Crab taglierini	☐	✓						✓	✓	☐	✓	✓	☐	☐			☐		✓
Dal makani	☐	☐											☐	☐	☐				
Braised endive													✓						
Jersey shellfish bisque	✓	✓						✓	✓		✓			☐		☐			
Local tomato salad	☐												☐						
Local tomato salad with burrata	☐										✓		☐						

## SALADS

Seasonal salad	✓												✓ <sup>1</sup>						✓ <sup>1</sup>
Add goats' cheese	✓										✓	✓ <sup>1</sup>							✓
Add grilled chicken	✓											✓ <sup>1</sup>							✓ <sup>1</sup>
Add king prawns	✓							✓	☐ <sup>2</sup>		☐ <sup>2</sup>	✓ <sup>1</sup>							

## VEGETARIAN and VEGAN

Butternut squash and truffle orzo	☐	✓									✓		☐						✓
Thai cauliflower	☐	☐											☐						
Dal makani	☐	☐											☐	☐	☐				

## MEAT

Fillet steak	☐												✓ <sup>1</sup>						✓ <sup>1</sup>
Flat iron steak	☐												✓ <sup>1</sup>						✓ <sup>1</sup>
Peppercorn sauce	✓	✓		✓					✓		✓								✓
Blue cheese sauce		✓		✓							✓	✓							✓
Herb butter											✓								
Provençal-style chicken	✓																		✓
Pork tomahawk	✓										✓								✓
Double lamb chop													✓						✓
Pulled rabbit taglierini	✓	✓						☐	✓	☐	✓	✓	☐			☐			✓

## FISH and SHELLFISH

Grilled octopus	☐	☐						☐ <sup>2</sup>	☐ <sup>2</sup>		✓					✓			
Crab taglierini	☐	✓						✓	✓	☐	✓	✓	☐	☐			☐		✓
Oyster Box taglierini	☐	✓						✓	✓	☐	✓	✓	☐	☐			☐		✓
Scallops								☐ <sup>2</sup>	☐ <sup>2</sup>		✓	✓							✓
Fish of the day with sauce vierge								☐ <sup>2</sup>	✓			☐ <sup>2</sup>							
Fish of the day with lemon butter								☐ <sup>2</sup>	✓	✓	✓	☐ <sup>2</sup>							✓
Haddock Royale	☐	✓							✓	✓	✓	✓							✓

## SIDES

New potatoes / Jersey Royals													✓						
New potatoes / Jersey Royals (unbuttered)																			
Chips																			
Truffle chips												✓							
Creamy mashed potatoes												✓							



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Roast sweet potato																				
Green beans and broccoli																				
Green beans and broccoli (unbuttered)																				
Summer salad																				
Braised endive																				
<b>PUDDINGS</b>																				
Pineapple carpaccio																				
Hot chocolate and salted caramel fondant																				
Catalan crème brûlée																				
Pina colada rice pudding																				
Choux bun craquelin																				
Café gourmand																				
Homemade ice cream and biscotti																				
Homemade sorbet and biscotti																				
Homemade ice cream (without biscotti)																				
Homemade sorbet (without biscotti)																				
Cheese selection																				
Chocolate coffee beans																				
<b>CHILDREN'S</b> (Please check both the main and the side / sauce your child has chosen)																				
Penne pasta																				
Penne pasta with grilled chicken																				
Grilled chicken fillet																				
Grilled fish of the day																				
Crumbed fish of the day																				
Grilled flat iron steak																				
Mashed potatoes																				
Chips																				
New potatoes																				
New potatoes (unbuttered)																				
Gravy																				
Lemon butter																				
Tartar sauce																				
Tomato ketchup																				
Mayonnaise																				
BBQ sauce																				

- ✓ = Contains allergen
- ☐ = Contains ingredient with label that indicates may contain allergen.
- ✓<sup>1</sup> = Contains allergen in dressing.
- ☐<sup>2</sup> = Cross-contamination risk due to cooking method.

List of allergens for specials are printed on the back of the specials menu available when you dine.

We welcome guests with food allergies. Please let us know if you have any allergies or dietary requirements, and check our allergen menu before you order.

Our dishes are made here and may contain trace ingredients. For further information on our approach, please ask, see [jprestaurants.com/allergies](http://jprestaurants.com/allergies)