


|  OYSTER BOX | 1. Celery | 2. Cereals containing gluten | 3. Crustaceans | 4. Egg | 5. Fish | 6. Lupin | 7. Milk | 8. Molluscs | 9. Mustard | 10. Tree nuts | 11. Peanuts | 12. Sesame seeds | 13. Soya | 14. Sulphur dioxide / Sulphites |
|--|-----------|------------------------------|----------------|--------|----------------|----------|---------|----------------|----------------|---------------|-------------|------------------|----------|---------------------------------|
| Chips | | | | | | | | | | | | | | |
| Truffle chips | | | | | | | ✓ | | | | | | | |
| Creamy mash | | | | | | | ✓ | | | | | | | |
| Roast sweet potato wedges | | | | | | | | | | | | | | |
| Spinach – steamed | | | | | | | | | | | | | | |
| Spinach – buttered | | | | | | | ✓ | | | | | | | |
| Green beans and broccoli | | | | | | | ✓ | | | | | | | |
| Mixed salad | □ | □ | | | | | | | □ ¹ | | | | | □ |
| Rocket salad | | □ | | | | | ✓ | | □ ¹ | | | | | □ |
| CHILDREN'S MENU | | | | | | | | | | | | | | |
| Oyster Box king prawns | □ | □ ² | ✓ | ✓ | □ ² | | | □ ² | □ ¹ | | | | | □ |
| Battered fish of the day | | □ ² | □ ² | ✓ | ✓ | | ✓ | □ ² | □ ¹ | | | | | □ |
| Grilled daily fish special | | | □ ² | | ✓ | | ✓ | □ ² | | | | | | |
| Grilled chicken fillets | ✓ | | | | | | ✓ | | | | | | | ✓ |
| Minute sirloin steak | ✓ | | | | | | ✓ | | | | | | | ✓ |
| Linguine | □ | ✓ | □ | ✓ | □ | | ✓ | | | □ | | | ✓ | ✓ |
| PUDDINGS | | | | | | | | | | | | | | |
| Lemon meringue tart | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Pineapple carpaccio | | | | | | | | | | | | | | ✓ |
| Hot chocolate fondant | | | | ✓ | | | ✓ | | | | | | ✓ | |
| Espresso panna cotta | | | | ✓ | | | ✓ | | | ✓ | □ | | ✓ | ✓ |
| Passion fruit cheesecake | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Raspberries and strawberries | | | | | | | | | | | | | | |
| Raspberries and strawberries with ice cream | | | | ✓ | | | ✓ | | | | | | | |
| Café gourmand | | ✓ | | ✓ | | | ✓ | | | ✓ | □ | | ✓ | |
| Ice cream and almond biscotti | | ✓ | | ✓ | | | ✓ | | | ✓ | □ | | | |
| Ice cream (<i>without almond biscotti</i>) | | | | ✓ | | | ✓ | | | | | | | |
| Sorbet and almond biscotti | | ✓ | | ✓ | | | ✓ | | | ✓ | □ | | | |
| Sorbet (<i>without almond biscotti</i>) | | | | | | | | | | | | | | |
| Beauvale blue cheese | ✓ | ✓ | | ✓ | | | ✓ | | | ✓ | □ | | | |
| Clara goats' cheese | ✓ | ✓ | | ✓ | | | ✓ | | | ✓ | □ | | | |
| Kaltbach Swiss cows' cheese | ✓ | ✓ | | ✓ | | | ✓ | | | ✓ | □ | | | |
| Winchester English cows' cheese | ✓ | ✓ | | ✓ | | | ✓ | | | ✓ | □ | | | |

- ✓ = Contains allergen.
- = Contains ingredient with label that indicates may contain allergen.
- ¹ = Salad dressing only contains ingredient with label that indicates may contain allergen.
- ² = Cross-contamination risk due to cooking method.

If you are unable to eat anything from the menu and need something more simple, please ask for our simply cooked chicken and vegetables, or choose a fish of the day without sauce.

List of allergens for specials are printed on the back of the specials menu available when you dine.

We recommend that guests with severe food allergies choose a complete dish from this allergen menu so they can check it does not contain the relevant allergens. All food is prepared in a kitchen which handles allergens. We do our best to reduce the risk of cross-contamination and provide allergen and cooking information so that customers can make their own decision about what dish to eat. We cannot guarantee that any of our dishes are free from allergens. Certain cooking methods (for example deep frying or grilling) may result in exposure to allergens from other dishes cooked using the same method and may therefore not be suitable for people with allergies.

Further information can be found at jprestaurants.com/food-allergy-policy