

OYSTER BOX ALLERGEN MENU - CHRISTMAS 2019	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur dioxide / Sulphites
FIRST COURSES														
Jersey rock oysters								✓						
Roast vegetable salad	☐	✓							✓	✓		✓	✓	✓
Smoked duck salad	☐	☐ ¹							✓	✓			✓	✓
Fritto misto of king prawns and squid	☐	☐ ¹	✓	✓	☐ ²			✓	✓				✓	✓
Fritto misto - king prawns only	☐	☐ ¹	✓	✓	☐ ²			☐ ²	✓				✓	✓
Whipped goats' cheese	☐	☐ ¹					✓		✓					✓
MAIN COURSES														
Turkey wrapped in bacon	✓	✓	☐ ²	✓	☐ ²		✓	☐ ²	☐	✓			✓	✓
Miso Cod	✓	☐ ¹	☐ ²		✓			☐ ²	✓			✓	✓	
Wild mushroom risotto	✓						✓		☐				✓	✓
Battered haddock	☐	☐ ¹⁺²		✓	✓		✓		✓				✓	✓
Duck breast	✓						✓		☐				✓	✓
PUDDINGS														
Traditional Christmas pudding		✓		✓			✓			✓	☐			✓
Crème brulee		✓		✓			✓			✓	☐			✓
Pecan tart		✓		✓			✓			✓	☐			✓
Chocolate mousse		✓		✓			✓			✓	☐			✓
Beauvale blue cheese	✓	✓		✓			✓			✓				✓
Clara goats' cheese	✓	✓		✓			✓			✓				✓
Kaltbach Swiss cows' cheese	✓	✓		✓			✓			✓				✓
Winchester English cows' cheese	✓	✓		✓			✓			✓				✓

- ✓ = Contains allergen.
- ☐ = Contains ingredient with label that indicates may contain allergen.
- ☐¹ = Salad dressing only contains ingredient with label that indicates may contain allergen.
- ☐² = Cross-contamination risk due to cooking method.

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens. All food is prepared in a kitchen which handles allergens. We do our best to reduce the risk of cross-contamination and provide allergen and cooking information so that customers can make their own decision about what dish to eat. We cannot guarantee that any of our dishes are free from allergens. Certain cooking methods (for example deep frying or grilling) may result in exposure to allergens from other dishes cooked using the same method and may therefore not be suitable for people with allergies.

Further information can be found at jprestaurants.com/news/food-allergy-policy