

OYSTER BOX ALLERGEN MENU	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur dioxide
--------------------------	-----------	------------------------------	----------------	--------	---------	----------	---------	-------------	------------	---------------	-------------	------------------	----------	---------------------

BREAD and APPETISERS

Basket of continental breads		✓					✓							✓
Toasted gluten free bread				✓			✓							
Italian marinated olives														
Almond and cashew nuts										✓	●			

JERSEY ROCK OYSTERS

Shallot vinegar								✓						✓
Spicy chorizo butter							✓	✓						✓
Champagne butter sauce							✓	✓						✓
Hot and cold Oyster plate	✓	✓		✓			✓	✓					✓	✓
Kenney-Herbert	✓	✓		✓			✓	✓					✓	✓

FIRST COURSES

Spiced butternut squash soup	✓						✓							✓
Jersey shellfish bisque	✓	✓	✓	✓			✓						✓	✓
Chicken liver parfait and confit duck		✓		✓			✓		✓					✓
Tempura-style king prawns		●	✓	✓			●		✓			✓	✓	✓
Seared beef carpaccio				✓			✓		✓				✓	✓
Seared tuna					✓							✓	✓	
Crab salad		●	✓	✓			✓		✓					✓
Mushroom risotto	✓						✓		✓				✓	✓
Asparagus, vinaigrette									✓					✓
Asparagus, grilled king prawns			✓				✓		✓				✓	✓
Whipped goats' cheese		●					✓		✓					✓
Scallops	✓						✓	✓					✓	✓
Scottish smoked salmon					✓									
Oyster Box cocktail		✓	✓	✓	✓				✓					✓
Whelk farcie	✓	✓					✓	✓						✓

VEGETARIAN

Mozzarella and asparagus salad		●					✓		✓				✓	✓
Asparagus tagliatelle		✓		✓			✓							✓
Thai vegetable curry	✓								✓	✓			✓	

SALADS

Caesar salad		✓		✓	✓		✓		✓					✓
Caesar salad, add chicken and pancetta		✓		✓	✓		✓		✓				✓	✓
Caesar salad, add king prawns		✓	✓	✓	✓		✓		✓				✓	✓
Spring salad		●							✓					✓
Spring salad, add grilled goats' cheese		●					✓		✓					✓
Spring salad, add chicken		●							✓				✓	✓

OYSTER BOX ALLERGEN MENU														
	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur dioxide
Spring salad, add king prawns		●	✓						✓				✓	✓
FISH														
Crab taglierini ribbon pasta		✓	✓	✓			✓							✓
Haddock		●		✓	✓		✓		✓				✓	✓
Monkfish scampi		✓		✓	✓				✓				✓	✓
Smoked haddock	✓			✓	✓		✓		✓				✓	✓
Thai green monkfish curry			✓		✓				✓				✓	
Bass		✓	✓	✓	✓							✓	✓	✓
MEAT														
Rib-eye steak		●							✓				✓	
Sirloin steak		●							✓				✓	
Peppercorn sauce	✓	✓			✓		✓						✓	✓
Blue cheese sauce		✓			✓		✓		✓					✓
Herb butter							✓							✓
Blue cheese and bacon burger		✓		✓	✓		✓		✓				✓	✓
Chicken breast	✓	●					✓		✓				✓	✓
Duck breast	✓						✓						✓	✓
Pork fillet	✓						✓						✓	✓
SIDES														
Jersey Royals by Master Farms							✓							
Chips													✓	
Truffle chips							✓						✓	
Creamy mash							✓							
Roast sweet potato wedges													✓	
Spinach – steamed														
Spinach – buttered							✓							
Green beans and broccoli							✓							
Mixed salad		●							✓					✓
Rocket salad		●					✓		✓					✓
CHILDREN'S MENU														
Crispy tempura-style prawn		●	✓	✓			●		✓				✓	✓
Battered fish of the day		●		✓	✓		✓		✓				✓	✓
Grilled daily fish special					✓		✓						✓	
Mini beef burger		✓		✓			✓		✓				✓	✓
Grilled chicken fillets		✓					✓						✓	
Minute sirloin steak							✓		✓				✓	✓
Homemade penne pasta		✓		✓			✓						✓	✓
PUDDINGS														

OYSTER BOX ALLERGEN MENU	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur dioxide
Pineapple carpaccio														✓
Lemon tart		✓		✓			✓							
White chocolate mousse				✓			✓							
Hot chocolate fondant		✓		✓			✓						✓	
Pistachio crème brûlée		✓		✓			✓			✓	●			
Café gourmand		✓		✓			✓			✓				
Cherry and almond tart		✓		✓			✓			✓	●		✓	✓
Seasonal fruit														
Ice cream and crisp nut biscotti		✓		✓			✓			✓			✓	
Crème fraîche (without crisp nut biscotti)				✓			✓				●			
Sorbet and crisp nut biscotti		✓		✓			✓			✓				
Raspberry (without crisp nut biscotti)											●			
Coconut sorbet (without crisp nut biscotti)											●			
Beauvale blue cheese	✓	✓		✓			✓			✓				✓
Clara goat's cheese	✓	✓		✓			✓			✓				✓
Kaltback Swiss cow's cheese	✓	✓		✓			✓			✓				✓
Winchester English cow's cheese	✓	✓		✓			✓			✓				✓

● = May Contain ingredient

List of allergens for specials are printed on the back of the specials menu available when you dine.

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens. We have an allergy policy and do our best to reduce the risk of cross-contamination but we cannot guarantee that any of our dishes are free from allergens. Guests with severe allergies are advised to assess their own level of risk and we do not accept any liability in this respect. Whilst modifications may seem easy to accommodate, please understand when they are declined as they may impact on the efficiency of service to others or be impossible due to elements of the dish being pre-prepared.

Further information can be found at jprestaurants.com/news/food-allergy-policy